



UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401

Gerontology Symposium
The 2009



The
UNIVERSITY
of VERMONT

The Center on Aging at the University of Vermont
and
The Vermont Department of Disabilities, Aging
and Independent Living

Present The 2009 Gerontology Symposium



MAY 29, 2009
Sheraton Hotel and Conference Center
Burlington, Vermont

Update Your Aging Toolbox: Nuts and Bolts, Best Practices and Innovations

Symposium Overview

The Center on Aging at the University of Vermont in collaboration with the Vermont Department of Disabilities, Aging and Independent Living (DAIL) is pleased to sponsor the 2009 Gerontology Symposium. The goal of the symposium is to provide current research based information on topics relevant to the broad range of health and service providers who work with Vermont's diverse and rapidly growing population of older adults.

The focus of the day is both broad and specific, starting with "Gerontology 101", an introduction to understanding the aging process from an interdisciplinary perspective. Workshops by experts will address important issues that you confront on a daily basis, presenting best practices that can be applied directly to your work with older adults. Included is an innovative approach to communicating with dementia patients, representing a potential breakthrough for families and care providers. In addition, there will be opportunities to interact with colleagues from a variety of Vermont organizations that provide services to older adults, and to learn from each other.

The Mission of The Center on Aging at the University of Vermont is to forge an ongoing collaboration among faculty, students, staff and programs within the University of Vermont, Fletcher Allen Health Care, and the Vermont community to promote a sense of well being and a high quality of life for older adults. The Center seeks to engage interested parties who wish to partner in the development and execution of programs that facilitate the health and welfare of older adults.

Thanks to sponsorship by the Vermont Department of Disabilities, Aging and Independent Living (DAIL) there is no cost to attend the symposium. However, **pre-registration is required.**

Please note: The Gerontology Symposium will be offered again in late summer/early fall '09 in the southern VT region for residents of the southern counties.

Guest Speakers

Patty Cotton, MEd

Director, Innovation Facilitators
Browne Center for Innovative Learning
University of New Hampshire, Durham, NH

Ronald J. DeBellis, Pharm.D., FCCP

Professor and Chair
Department of Pharmacy Practice
Albany College of Pharmacy and Health Sciences
Vermont Campus, Colchester, VT

Christine Marek-Waszynski, RN, MSN, GNP-C

Division of Geriatric Medicine and Gerontology
Hartford Hospital, Hartford, CT

Michael Verde

President
Memory Bridge Initiative, Chicago, IL

Kelly Niles-Yokum, PhD

Director, Colleges of Worcester Consortium
Gerontology Studies Program, Worcester, MA

University of Vermont and Fletcher Allen Health Care Speakers

D. Brooks Cowan, PhD

Senior Lecturer, UVM Department of Sociology

Sue Goetchius, RN, CNS

Director of Nursing Education and Research, FAHC

William Pendlebury, MD

Director, Center on Aging; Professor, Pathology,
Neurology and Medicine; Medical Director, Memory
Center and Elder Care Services, FAHC

Jacqueline Weinstock, PhD

Associate Professor, UVM Department of Integrated and
Professional Studies

Program Schedule

7:45 – 8:30 a.m. **Registration/Coffee**

8:30 – 8:45 **Welcome and Introductions**
William Pendlebury, MD

8:45 – 10:15 Plenary
Gerontology 101
Kelly Niles-Yokum, PhD

10:15 – 10:30 Break

10:30 – 12:00 Concurrent Sessions
**Dementia and Delirium: Definitions,
Interactions and Solutions**
William Pendlebury, MD
Sue Goetschius RN, CNS

**Dying and Death Are Not Detours on
the Road of Life**
D.Brooks Cowan, PhD

Person Centered Planning
Patty Cotton, MEd

12:00 – 1:30 Lunch and Plenary Session
**We are Here Too: Working with Sexual
and Gender Identity Minority Elders**
Jacqueline Weinstock, PhD

1:45 – 3:15 Concurrent Sessions
**Dying and Death are Not Detours on
the Road of Life** (repeat of a.m. session)
D.Brooks Cowan, PhD

**How Many Pills do YOU Take! The Mis-
communications Behind Polypharmacy**
Ronald DeBellis, Pharm.D, FCCP

Self Neglect and Elder Abuse
Christine Marek-Waszynski, RN, MSN,
GNP-C

3:30 – 4:30 Plenary Session
**Memory Bridge: Over and Under, Back
from Whence You Came**
Michael Verde

4:30 **Conference adjourns**

There is no cost to attend the Symposium.
Pre-registration is required and due May 15.

Mail to:

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CEUs are available upon request.

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